PRE-REQUISITES TO APPLY TO MAJOR (12-18 sh):

- **TR:1070  Perspectives on Leisure and Play** 3  
  Social Science GE
- **PSY:1001  Elementary Psychology** 3  
  Social Science GE
- **Sociology/Social Psychology CHOOSE ONE OF THE FOLLOWING:**
  - **SOC:1010  Introduction to Sociology** 3  
    Social Science GE
  - **SOC:1220  Principles of Social Psychology (spring only)** 3  
    Social Science GE
  - **PSY:2501  Introduction to Social Psychology** 3  
    Pre-req. PSY:1001

**Anatomy and Physiology CHOOSE ONE OPTION (A or B)**

- **Option A** – OK for Therapeutic Recreation and pre-Child Life – not for pre-Occupational Therapy
  - **HHP:1400  Anatomy and Physiology** 3  
    NOT a Nat. Sci. GE

- **Option B (both of these)** – best choice for Pre-Occupational Therapy students. May request to count lab classes for GE.
  - **HHP:1100  Human Anatomy** 3  
    HHP:1100 –Nat.
  - **HHP:1150  Human Anatomy w/lab** 4  
    Sci. w/o lab
  - **AND**
    - **HHP:1300  Fundamentals of Human Physiology** 3  
      HHP:1300 –Nat.
    - **HHP:1350  Human Physiology w-lab** 4  
      Sci. w/o lab
    - **HHP:3500  Human Physiology online only in summer** 3

REQUIRED CORE CLASSES –can be taken before admitted to major (23sh)

- **TR:1061  Recreation Leadership Programming** 3
- **TR:1077  Intro. to Child Life** 3  
  One section of 40 per sem.
- **TR:3160  Introduction to Therapeutic Recreation** 3
- **TR:3162  Therapeutic Recreation: Clientele (spring only)** 3
- **TR:3261  Inclusive Recreation** 3
- **CLSA:3750  Medical Terminology** 2  
  Online
- **PSY:2930  Abnormal Psychology: Health Professions** 3

**Human Development CHOOSE ONE OF THE FOLLOWING**

- **HHP:2130  Human Development Through the Lifespan** 3  
  Online
- **NURS:1030  Human Development and Behavior (spring only)** 3  
  Non-Nursing needs restriction override

HUMAN SERVICES ELECTIVES (9 sh total) – the Psychology and Sociology pre-requisites to apply to the major and 1 additional course from a department below fulfill this requirement. These may fulfill GE requirements, depending on elective choices.

Select courses:

- **Aging Studies**
- **Counseling for Related Professions (RCE:4199)**
- **Human Biology (BIOL:1140)**
- **Disability Studies**
- **Human Nutrition (HHP:2310)**
- **Psychology**
- **-PSY:2401  good choice for Child Life**
- **Sociology**
- **Social Work Special Education**

Courses limited to admitted students, application process, and career information on other side.

★ May be offered during the summer, either in person or online – check MyUI for offerings

★ Fulfills a pre-Child Life pre-requisite; not all Child Life pre-requisites are fulfilled by only completing the Therapeutic Recreation major

Planning tool only. Consult Degree Audit for your requirements. Updated: May 2020
Therapeutic Recreation (BS) Total: 69 - 75 sh

Health and Human Physiology Department, E102 Field House 319-384-4664 clas-hhp@uiowa.edu,
https://clas.uiowa.edu/hhp/undergraduate/bs/therapeutic-recreation

REQUIRED CORE CLASSES - to be completed once accepted into major (12 sh)

☐ TR:3161 Assessment and Eval. in Therapeutic Rec. (fall only) 3 Pre-requisite: TR:3160, accepted into major
☐ TR:3163 Concepts and Issues in Therapeutic Recreation (fall only) 3 Pre-requisite: TR:3160, accepted into major
☐ TR:3164 Therapeutic Recreation: Rehabilitation 3 Pre-requisite: TR:3160, accepted into major
☐ TR:3262 Therapeutic Recreation Administration 3 Pre-requisite: TR:3160, accepted into major

INTERNERSHIP (13 sh)

Pre-internship: 400 hours of paid or volunteer experience; 200 hours can be completed before admitted to major

☐ TR:4190 Pre-internship seminar 1 Complete prior to TR:4191
☐ TR:4191 Therapeutic Recreation Internship (14 wk/560 hrs) 12 Pre-req: TR:4190 *

What qualifies as pre-internship experience? For details see Internship Manual on Therapeutic Recreation website.
https://clas.uiowa.edu/hhp/undergraduate/bs/therapeutic-recreation/internships

- Work with individuals with disabilities, at least three different settings, at least three different population groups.
- At least one experience in a clinical setting, a minimum of 40 hours, where direct health care services are provided. Examples include hospitals, long-term care facilities, rehabilitation centers, and nursing homes.
- Only volunteer and work experiences since high school may be used to fulfill this requirement and at least 200 of the total 400 hours must be completed after the student has been admitted to the Program.

APPLYING TO THE MAJOR

☐ Apply by Oct. 15 for admittance in the spring, Mar. 15 for admittance in the fall.
☐ Must have cumulative GPA of 2.50 and U.I. GPA of 2.50 and at least 24 sh (12 sh for transfer students) earned at U.I
☐ Student may be enrolled in a pre-requisite class the semester in which the student applies.
☐ Application: https://clas.uiowa.edu/hhp/undergraduate/bs/therapeutic-recreation/undergraduate-application
☐ Because of the sequential nature of courses, students with 24 -62 sh may be given preferential consideration in course access.

CAREER INFORMATION

The primary aim of the Therapeutic Recreation Program is to prepare undergraduate students for entry level positions in recreation services which focus on improving or maintaining physical, mental, emotional, and/or social functioning to assist individuals in achieving independent leisure lifestyles. Graduates serve persons with physical, mental, or emotional disabilities; persons with intellectual disabilities; individuals who are incarcerated; persons who are chemically dependent or are socially disadvantaged; as well as older adults.


* May be offered during the summer, either in person or online- check MyUI for offerings
☑ Fulfills a pre-Child Life pre-requisite; not all Child Life pre-requisites are fulfilled by only completing the Therapeutic Recreation major

Planning tool only. Consult Degree Audit for your requirements. Updated: May 2020