

# The 2023-2024 AMCAS Application

#### **Kate Karacay**

#### **Academic Advising Center**

#### April 11, 2023

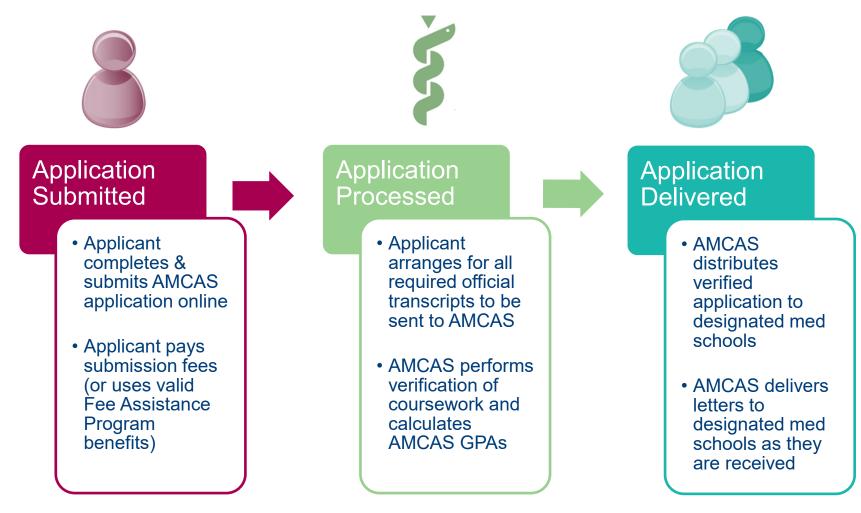
Association of American Medical Colleges



- The AMCAS Process
- 2023-24 Dates and Participation
- The 2023-2024 Application
- Letters
- Essays
- MCAT | scoring
- Secondary applications
- DO schools
- Q & A



#### **How does AMCAS work?**





### **2023-2024 Application Dates**

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#### 2024 AMCAS<sup>®</sup> Application

The 2024 AMCAS application cycle dates:

May 2: AMCAS application opens

May 30: AMCAS application submission begins

June 30: Initial transmission of applicant data to medical schools

August 1: Early Decision Program deadline UI CCOM does not have early decision.

May take six-eight weeks for verification.

That's normal- don't panic!



### 2023-2024 AMCAS Participation

- The 2023-2024 AMCAS processing fee is \$175, which includes one medical school designation.
  - Additional medical school designations are \$45 each
- Be strategic about applying- this is not a wager where more is better!
- Most US medical schools (MD-granting) use AMCAS

Texas schools: TMDSAS Osteopathic schools: AACOMAS



# **The AMCAS Application**

- Identifying Information
- Schools Attended & transcripts
- Biographic Information
- Course Work
- Work/Activities
- Letters of Evaluation
- Medical Schools
- Essay(s)
- Standardized Tests



### 2023-2024 AMCAS applicant guide

AAMC

#### 2024 AMCAS<sup>®</sup> Applicant Guide



Course classification guide pg. 35

BCPM and AO grades

AP, dual-enrollment and study abroad grades





AAMC					Acc	ount: Kat
Medical School Admiss	ion Requirements	Search Institutions				•
New in this edition. Learn More.						
Showing 1 - 10 of 172	- Enter Institution	Name -		Sort By: Scho	ool A - Z 🛛 🔻	Display:
Filters			Medical C Private Institution		2	☆ Ado
Location - Country, State - ╺	Combined Degrees MD/MPH MD/MBA	Also Accepts Out-of-state	Application Deadline 11/01/2021	First Year Class 143	<b>Tuition &amp; Fees</b> \$57,723 In- state \$57,723 Out-	Median GPA 3.74



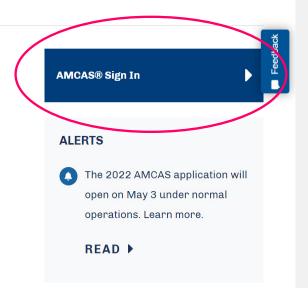
#### aamc.org/amcas



#### Applying to Medical School with AMCAS®

The American Medical College Application Service® (AMCAS®) is the AAMC's centralized medical school application processing service. Most U.S. medical schools use AMCAS as the primary application method for their first-year entering classes.







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# **Accessing the Application**

#### Sign In

#### Username

Enter Username

Required

Password

**Enter Password** 

SIGN IN

FORGOT YOUR USERNAME?

FORGOT YOUR PASSWORD?

NEED HELP?

#### Don't have an account?

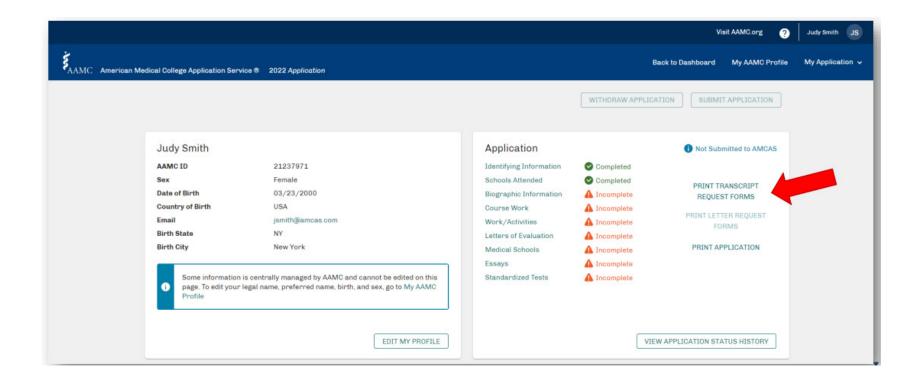
Register for an AAMC account to begin accessing products and services.

CREATE ACCOUNT





#### **AMCAS Main Menu**





#### **Biographical Information**

AAMC American Medical College Applicatio		My AAMC Profile	2 Main Monu	Judy Smith (J My Application
Biographic Informatio	n e <sub>Help</sub>	BACK SAVE SAVE & CONTINUE		
<ul> <li>Identifying Information</li> <li>Schools Attended</li> </ul>	Some information is centrally managed by AAMC and cannot citizenship, go to My AAMC Profile	be edited on this page. To edit your preferred email address, and		
Biographic Information     Preferred Address*     Permanent Address*	Preferred Address			
<ul> <li>Alternate Contact</li> <li>Citizenship*</li> <li>Legal Residence*</li> </ul>	Select Country	Address 2		
<ul> <li>Self Identification</li> <li>Languages*</li> <li>Childhood Information*</li> </ul>	Street number and name City *	Apt No., Suite No., Building No. etc		
Military Service*     Military Discharge*     Felony*	Day Phone *			
O Misdemeanor* O Other Impactful Experiences*	Evening Phone			
<ul> <li>Parents and Guardians*</li> <li>Siblings*</li> <li>Dependents*</li> </ul>	Email *	Fax		
O Course Work	To edit your email, go to My AAMC Profile			
O Letters of Evaluation				



### **Biographical information**

- Childhood information
- Misdemeanor and felonies

Be careful of expunged convictions

Other Impactful Experiences:

If you answer Yes, you will have 1,325 characters. This question is intended for applicants who have had impactful life experiences and who have faced or overcome challenges in a variety of areas such as family background, financial background, community setting, education, religion, or other life experiences. The experiences can be from any point in an applicant's life and do not need to be related to medicine or health care.



#### **Schools Attended**

Country *		
Select Country	•	
Program Type *		
Select Program Type		
Start Date *	End Date *	
мм/үүүү 🖻	MM/YYYY	
Other Options		
Summer School Only		
Study Abroad Program		
dvisor Release		
The school-designated advisor personal/demographic inform other schools you have attend AMCAS. Additionally. If you app	(s) have met AMCAS-established requirements and are bound by confidentiality. Information transferred includes ation, work/activity information, credit hours, MCAT scores, GPAs, the names and types of your recommenders, it d, the medical schools to which you have applied and what action those schools have taken, and the status of you lied for fee assistance through the AAMC Fee Assistance Program, and in your fee assistance application agreed essions advisor this information will be made available along with your application information.	he names of any ir application with
<ul> <li>The school-designated advisor personal/demographic inform other schools you have attend AMCAS. Additionally. If you app information to your health prof</li> </ul>	ation, work/activity information, credit hours, MCAT scores, GPAs, the names and types of your recommenders, t id, the medical schools to which you have applied and what action those schools have taken, and the status of you lied for fee assistance through the AAMC Fee Assistance Program, and in your fee assistance application agreed	he names of any ir application with
<ul> <li>The school-designated advisor personal/demographic inform other schools you have attend AMCAS. Additionally, if you app information to your health prof</li> </ul>	ation, work/activity information, credit hours, MCAT scores, GPAs, the names and types of your recommenders, t id, the medical schools to which you have applied and what action those schools have taken, and the status of you lied for fee assistance through the AAMC Fee Assistance Program, and in your fee assistance application agreed essions advisor this information will be made available along with your application information.	he names of any ir application with
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The school-designated advisor personal/demographic inform other schools you have attend AMCAS. Additionally. If you app information to your health prof Do you authorize AMCAS to release y Yes No	ation, work/activity information, credit hours, MCAT scores, GPAs, the names and types of your recommenders, t id, the medical schools to which you have applied and what action those schools have taken, and the status of you lied for fee assistance through the AAMC Fee Assistance Program, and in your fee assistance application agreed essions advisor this information will be made available along with your application information.	he names of any ir application with
personal/demographic inform other schools you have attend AMCAS. Additionally, if you app information to your health prof	ation, work/activity information, credit hours, MCAT scores, GPAs, the names and types of your recommenders, t d, the medical schools to which you have applied and what action those schools have taken, and the status of you lied for fee assistance through the AAMC Fee Assistance Program, and in your fee assistance application agreed essions advisor this information will be made available along with your application information.	he names of any r application with to release award



#### **Schools Attended**

Tran	script Request
	Note: One official transcript is required from each U.S., U.S. Territorial, or Canadian post-secondary institution at which you have attempted course work, regardless of whether credit was earned.
(i)	If you click Yes, you must have an official transcript sent to AMCAS by the Registrar's Office of the institution.
	If you click No, this means that you are submitting a Transcript Exception Request and does not preclude you from transcript requirements. AMCAS will review your request and notify you if your Transcript Exception is not granted. This may result in delays for processing your application.
	AMCAS require an official transcript from this school? Generally, a transcript is required. <u>Please review this additional information</u> if you need assistance in rmining if a transcript is required.*
$\odot$	) No



#### **UI transcript request form**

	NT INFORMATION FINANCIAL AID & BILLING ADMISSIONS	DN
Student Information > Transcript Request > View Order > Create Ord	ler Detail	
Request after Feb. 1 for May grades or degree; after Sept. 1 for December	ees are posted), please process that request after classes have begun for the semester. r grades or degree; after June 1 for Summer grades or degree. ed (minimum \$15). You must provide a street address - <b>Federal Express will not deliver to P.O. Boxes.</b>	
Order Details	a (minimum \$15). Tou must provide a succe address - Pederal Express will not deriver to P.O. Boxes.	
Delivery Timing	After Grades ~	
Level of Study	Undergraduate	
Recipient Name	AMCAS Transcripts	
Recipient Email Address	AMCASTranscripts@aamc.org	
Confirm Recipient Email Address	AMCASTranscripts@aamc.org	
Notification Email Address	your-name@uiowa.edu This email address is used to notify you when the recipient views your transcript.	]

□ I understand that I am responsible for a valid recipient address since a confidential document will be delivered to the address provided.





# AMCASTranscripts@aamc.org



#### **Course Work**

#### Add Course

Please be sure to enter all course(s) in the correct academic year, academic term, and year in school to avoid delays in application processing time.

Reminder: The AMCAS year begins with summer and ends with spring. Courses taken in the summer should be entered with the next academic year, even if your institution considers them in the previous academic year. For example, if you took a course in the first summer session of 2016, you should enter it as the 2016–2017 academic year, even if your school considers it in the 2015–2016 academic year.

Academic Year *	
Select Year	·
Academic Term *	
Select Academic Term	•
Year in School *	
Select Year in School	•
Course Number	Course Name *
Please enter any letters or numbers. Example BIO 101	
Please enter course number	Please enter course name
	CANCEL SAVE & ADD ANOTHER SAV

Applicants should use a personal copy of their **official** transcript to complete this section. Use your degree audit or UI grade report

X



#### Coursework

Both grades are averaged together if second-grade option (SGO) used.

AMCAS counts +/grades. A and A+ weighted the same.

BCPM and AO



### **COVID-19 notice 2023-2024 CCOM**

•We recommend and prefer that **prerequisite courses are taken as graded courses** because grades give the admissions committee a better idea of mastery of the subject matter and comparative performance. **Applicants should contact us if they do not receive letter grades for prerequisite courses, and we can review these on a case-by-case basis**.

•Online lab courses WILL meet our pre-medical course requirements.



### **Withdrawals**

Such courses usually appear on the transcript as a "W" or equivalent symbol. No credit hours or AMCAS grade will be assigned for Withdrawals, except in cases where the school includes the Withdrawal failing grade in the GPA as a "F".

A course entry should not be made if the course was dropped within the normal drop/add period and does not appear on the official transcript. If the course was drop/add outside the normal period and does appear on the official transcript, a course entry should be made



#### **Work/Activities**

xperience Type *		Experience	ce Name *	
Select Experience Type	1	•		
<ol> <li>experience or act</li> </ol>		nge that you indica	ng (or expect to complete) this work ate. If this is a repeated experience,	
Start Date •	End Date •		Total Hours *	
Select Month	Select Mont	th 🔫		
Select Years	• Select Year	5 -	-	
Yes No				
Organization Name				

Maximum of 15 entries Applicants can enter 3 additional date ranges for repeated activities
Maximum of 3 "Most Meaningful"

#### Most Meaningful Experience Summary \*

This is your opportunity to summarize why you have selected this experience as one of your most meaningful. In your remarks, you might consider the transformative nature of the experience: the impact you made while engaging in the experience and the personal growth you experienced as a result of your participation.

Cancel

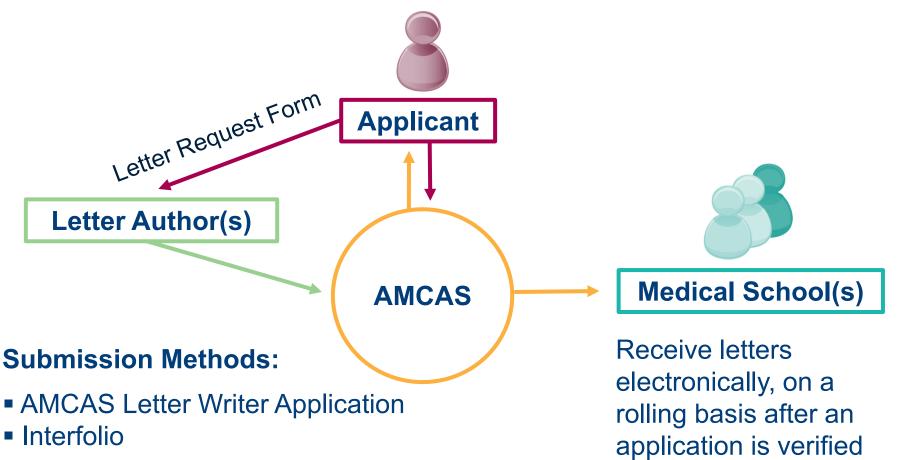
1325 characters left of 1325

Save

Save & Add Another



### **Letters of Evaluation**



#### www.aamc.org/amcasletters



### **Letters of Evaluation**

#### Add Letter of Evaluation/Recommendation

Many medical schools determine whether or not an applicant has met their letter of evaluation/recommendation requirements by the type of letters they receive in support of an application. For example, a medical school may require a committee letter OR three individual letters in support of your application. Please review the AMCAS Applicant Guide for more information about Letters of Evaluation.
identify the type of letter you wish to enter. If you are uncertain as to the type of letters provided by your school/institution, please ask your pre-health advisor or center prior to answering this question.
Committee Letter: A committee is a letter authored by a pre-health committee or pre-health advisor and intended to represent your institution's evaluation of you. A committee letter may or may not include additional letters written in support of your application. A Committee Letter is sometimes called a composite letter.
Letter Packet: A packet or set of letters assembled and distributed by your institution, often by the institution's career center.
Individual Letter: An individual letter refers only to a letter authored by, and representing, a single letter writer. If you have already included an individual letter within either a committee letter or letter packet, you do not need to add a separate entry for the individual letter.
Select a meaningful Letter Title, as you may need this title later to identify a letter. For example, if this letter were from the University Of X, with a primary contact of John Doe, and you intend to have this letter sent only to MD/PhD programs, you might create a title of "UX_Doe_MD_PhD ".

Letter litle

Please enter a title for this letter

CANCEL

SAVE

X

Applicants can submit their application **before** AMCAS receives their letters.



#### **Letters of Evaluation**

- The UI does not provide committee letters of evaluation or letter packets.
- All individual letters of reference
- AMCAS will accept 10 letters

choose which letters for which school

UI Carver College of Medicine:
 Three letters required. Four preferred!
 No requirement on type



#### **Medical Schools**

ilters					
State		Deadline		Program Type	
Filter by State	-	Filter by Deadline	•	Filter by Program Type	•
Schools					
School *					
MCAS School of Medicine		× -	VIEW	/ THIS SCHOOL'S MSAR PROFILE	
Program					
You may need prior perm	nission from the	e medical school to select any	of the follo	owing program types:	
<ul> <li>Deferred/Delayed</li> </ul>	Matriculant				
Early Assurance					
Combined Bachele	ors/Medical De	gree			
Other Special Pro	gram				
Teodesen *					
Program * O Regular M.D.					
Regular M.D.     Early Decision("Applicant")				T permitted to apply to other schools while	,
Regular M.D.     Early Decision("Applicant     under consideration for				T permitted to apply to other schools while ns decisions will begin on July 8, 2021.")	,
Regular M.D.     Early Decision("Applicant")					1
Regular M.D.     Early Decision("Applicant     under consideration for	Early Decision.				1
Regular M.D.     Eanly Decision("Applicant under consideration for (Restricted)	Early Decision.				1
Regular M.D.     Early Decision("Applican under consideration for (Restricted)     Combined Medical Degree	Early Decision. 96/Ph.D	Interviews begin in early July			,
Regular M.D.     Early Decision("Applican under consideration for (Restricted)     Combined Medical Degree	Early Decision. 96/Ph.D	Interviews begin in early July			,
Regular M.D.     Early Decision("Applican under consideration for (Restricted)     Combined Medical Degree Have you applied to this medical Yes	Early Decision. 96/Ph.D	Interviews begin in early July			
Regular M.D.     Early Decision("Applican under consideration for (Restricted)     Combined Medical Degree Have you applied to this medical	Early Decision. 96/Ph.D	Interviews begin in early July			
Regular M.D.     Early Decision("Applican under consideration for (Restricted)     Combined Medical Degree Have you applied to this medical Yes     No	Early Decision.	Interviews begin in early July			
Early Decision("Applican under consideration for (Restricted) Combined Medical Degre Have you applied to this medical Yes	Early Decision.	Interviews begin in early July			,

Applicants should be sure to select the correct program type and be mindful of program and transcript deadlines.



# Essay (1/2)

#### Personal Comments Essay

Some questions you may want to consider while drafting this essay are:

- · Why have you selected the field of medicine?
- What motivates you to learn more about medicine?
- · What do you want medical schools to know about you that hasn't been disclosed in another section of the application?

In addition, you may wish to include information such as:

- · Special hardships, challenges or obstacles that may have influenced your educational pursuits
- · Commentary on significant fluctuations in your academic record which are not explained elsewhere in your application

Ok

X

Consider and write your Personal Comments on	fully; many admissions committees place significant weight on this section. Make sure	a you proofreed carefully because no changes may be made after
	ould I consider including in my personal comments?	you provinead carefully because no changes may be made arch
the space provided to explain why you want t	go to medical school. *	
vant to go to medical schooll		



# Essay MSTP (MD/PhD)

#### MD/PhD Essay

i Your response will only be forwarded to your designated MD/PhD program(s).

Please state your reasons for wishing to pursue the combined MD/PhD degree.\*

Your response will only be forwarded to your designated MD/PhD program(s).

I really, really want to be a doctor!

Significant Research Hours

Please enter your total hours of prior research experience.\*



2963 characters left of 3000

#### **Standardized Tests**

MCAT® Scores
 MCAT® Exam Date \*
 Other Tests \*

#### MCAT® Scores

Note: Your MCAT scores have not been loaded yet.

#### MCAT® Exam Date

Medical schools need to know if they should expect future MCAT scores in support of your application. Do you want to include upcoming or recently taken MCAT exam dates? \*

() Yes

ONO

Applicants should indicate any future MCAT testing dates.

#### aamc.org/mcat



#### **MCAT Scores**

AAMC			Name: PERMANENT Exam Date: 06/20/2	and the second se	_	
Section	Score	Confidence Band	Percentile Rank of Score <sup>2</sup>		Score Profile <sup>3</sup>	
Chemical and Physical Foundations of Biological Systems	132	131 ◀ 132	100%	118	125	132
Critical Analysis and Reasoning Skills	132	131 ┥ 132	100%	118	125	132
Biological and Biochemical Foundations of Living Systems	132	131 ┥ 132	100%	118	125	132
Psychological, Social, and Biological Foundations of Behavior	132	131 ◀ 132	100%	118	125	132
MCAT Total	528	526 🧲 528	100%			

Score breakdowns and confidence bands will appear in the AMCAS application.

#### Notes

<sup>3</sup>Test scores, like other measurements, are not perfectly precise. The confidence bands around test scores mark the ranges in which the test taker's true scores probably lie. The diamond shapes and shading show that the test taker's true scores are more likely to be their reported scores (in the second column) than the other scores in the confidence bands.

<sup>a</sup>The percentile ranks of scores are the percentages of test takers who received the same scores or lower scores. The percentile ranks are updated on May 1 every year to reflect the results from the three most recent previous calendar years.

<sup>9</sup>For the four sections, non-overlapping confidence bands show a test taker's likely strengths and weaknesses. Overlapping confidence bands suggest that there are not meaningful differences in performance between sections.



### **Certification Statements**

#### Application Submission Process

PRE-SUBMISSION CHECKS	CERTIFICATION	PASSWORD	CBC	
SUBMISSION COMPLETE				

#### CERTIFICATION STATEMENTS

In order to complete and submit your application, you must certify the following statements by checking each box and clicking the Agree button.

I certify that the information in this application and associated materials is current, complete, and accurate to the best of my knowledge. \*

□ I certify that all written passages, such as the personal statement, essays required from M.D.-Ph.D. applicants and descriptions of work/activities, are my own and have not been written, in part or whole, by a third party. Quotations are permitted if the source is cited. \*

□ I have read, understand, and agree to comply with the AMCAS Applicant Guide, including the provisions noting that I am responsible for monitoring and ensuring the progress of my application process, by checking the Main Menu of my application. I understand that I am also responsible for reviewing my application after AMCAS processing is complete. \*

□ I have read, understand, and agree to comply with the Application and Acceptance Protocols for Applicants, which set forth guidelines for ethical conduct during the application process, and define important application cycle dates. \*

AAMC investigates and may report to legitimately interested parties discrepancies in information, attempts to subvert the admission process, and any other irregular matter that occurs in connection with application activities. I understand and agree that the sole and exclusive remedy available to me to appeal or otherwise challenge the AAMC's decision to send an investigation report to legitimately interested parties shall be confidential, binding arbitration through written submissions only to the Washington, D.C. office of the American Arbitration Association under the expedited procedures for commercial matters. I understand that my failure to request in writing arbitration within 30 calendar days of receipt of an investigation report that has been approved by the AAMC for transmittal to interested parties will constitute an absolute bar and waiver of this exclusive remedy. I further understand that the sole issue for arbitration shall be whether the AAMC acted reasonably and in good faith in making its decision. \*

□ I understand that I am responsible for learning the admissions requirements, application policies, and due dates for each school to which Lam applying, and that Lam not eligible for a refund of AMCAS fees if I do not meet the admissions requirements of the

Last step of application: certify data is accurate, submit, and pay processing fee.

×

PAYMENT



# **Secondary Applications**

#### Additional information requested from each school

- CCOM secondary application portal opens July 10 deadline Dec. 15, 2023 (preferred by Oct. 15)
- CCOM fee: \$60
- Fees vary from \$50-150 per school

--Why Carver College of Medicine?

--Describe unique personal characteristics or obstacles you've overcome to contribute to a diverse healthcare system.

--Describe your healthcare experiences.



# Minimum for CCOM secondary

- 500 minimum MCAT
- 123 minimum each MCAT subsection
- 3.00 minimum BCPM and AO GPA

Some schools send secondaries to everyone: Yale, Johns Hopkins, Harvard....

...Be strategic and use the MSAR!



#### **CCOM Interview format**

Candidates are interviewed individually by two faculty members for 25 minutes. The day includes a casebased learning session facilitated by M4 students. Both virtual and in person interviews are available.

Carver conducts "closed file" interviews - interviewers are faculty volunteers and want to get to know candidates "off of paper" completely. Do not let this scare you!



#### **CCOM timeline**





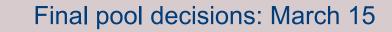
First interviews: September 6





Interviews end: January 12







#### **Osteopathic Medical Schools**

--AACOMAS: <u>https://aacomas.liaisoncas.com</u> opens early May

--Helps to have shadowed/interviewed a DO: --Know what DOs do --Healthcare experience/hours important

--AACOM.org www.choosedo.org





# **Questions?**

Association of American Medical Colleges