INTERDEPARTMENTAL STUDIES: HEALTH SCIENCE (BACHELOR OF ARTS)

The health science track requires 38-43 semester hours of work for the major. It provides a preapproved plan of study that combines a generalized health background with a varied choice of emphasis areas: multidisciplinary science, entrepreneurial, aging, and global health. There is also an opportunity for students to self-define their emphasis area: students who choose this track have the option of proposing their own health science-related emphasis area to the faculty advisory committee.

**Emphasis Area (choose one)**

- 15 semester hours in Multidisciplinary Science or Entrepreneurial or Aging or Global Health

Course options for each emphasis area can be found here: [https://bit.ly/3BfntGE](https://bit.ly/3BfntGE)

**Components of the Degree**

- **Foundation Courses:** 22-25 hours
- **Emphasis Area:** 15 hours
- **Career Prep Component:** 1-3 hours
- **Total:** 38-43 hours

**HEALTH SCIENCE FOUNDATION COURSES, required for all emphasis areas**

- **Chemistry (CHEM), choose two**
  - 1070 Gen Chem I or 1110 Principles of Chem I
  - and 1080 Gen Chem II or 1120 Principles of Chem II

- **Biology (BIOL), choose one**
  - 1140 Human Bio: Nonmajors or 1141 Human Bio: Health Professions or 1411 Foundations of Biology

- **Math or Statistics, choose one**
  - MATH 1020 Elementary Functions or 1440 Math for Bio or 1460 Calc for Bio or 1850 Calc I
  - STAT 1020 Elementary Stats & Inference or 1030 Stats for Business or 3510 Biostats or 4143 Intro Stat Methods

- **Social Science Elective, choose one**
  - ANTH 1101 Cultural Anthropology or 2100 Anthro and Contemporary World Problems
  - PSY 1001 Elementary Psychology
  - SOC 1010 Intro to Sociology or 1030 Contemporary Social Problems or 1220 Principles of Social Psych

- **Science Elective, choose one**
  - ACB 3110 Principles of Human Anatomy
  - BIOL 1412 Diversity of Form & Function
  - HHP 1100 Human Anatomy or 1150 Human Anatomy with Lab or 3105 Anatomy for Human Phys
  - MICR 2157 General Microbiology
  - PSY 2701 Intro to Behavioral Neuroscience or 2975 Intro to Cognitive Neuroscience

- **Elective, choose one**
  - HHP 1300 Fundamentals of Human Phys or 1350 Fundamentals of Human Phys with Lab or 2200 Physical Activity & Health
  - or 2310 Nutrition & Health or 3400 Applied Exercise Phys or 3500 Human Phys or 3550 Human Phys with Lab or 4440 Physiology of Nutrition
  - NURS 1030 Human Development & Behavior
  - PSY 2401 Intro to Dev Sci or 2701 Intro to Behavioral Neuroscience
  - SRM 1045 Diversity & Inclusion in Healthy Living

- **Career Prep, choose one**
  - CCP 1069 Military-to-Civilian Career Exploration or 1301 Communication for the Workplace or 1302 Office Etiquette for the Workplace or 1303 Successful Teamwork for the Workplace or 1306 UI STEP: Student to Employed Professional or 2001 Graduate Admissions 101 or 2004 Internships: Search, Secure, Succeed or 3102 Job Search Essentials or 3104 Defining your Career Path or 3105 Transitioning from Campus to the Workplace or 3107 Social Media for your Job Search
  - LS 2002 Career Leadership Academy I or 3002 Career Leadership Academy II or 2013 Strength-Based Leadership