This document is a list of available courses appropriate for many first-year students. It is meant as a guide to help build your schedule. Note any titles that sound interesting to you; then review those courses carefully in MyUI.

### General Education Courses

#### Rhetoric

*See your Advising Worksheet and talk with your advisor about whether this is an appropriate choice for you this fall and about which class you will take.*

- **RHET 1030** Rhetoric (4)
- **RHET 1040** Writing and Reading (3)
- **RHET 1060** Speaking and Reading (3)

**Possible writing or literature courses for those taking Rhetoric in Spring**

- **CW 1800** Creative Writing Studio Workshop (3)*
- **CW 2100** Creative Writing (3)
- **CW 2870** Fiction Writing (3)
- **CW 2875** Poetry Writing (3)
- **CW 3000** Writing and Reading Romance Fiction (3)
- **CW 3002** Writing and Reading Young Adult Fiction (3)
- **CW 3004** Writing and Reading Fantasy Fiction (3)
- **CW 3107** Creative Writing for Health Professions (3)
- **CW 3215** Creative Writing and Popular Culture (3)
- **CW 3218** Creative Writing for New Media (3)
- **CW 4751** Creative Writing for the Musician (3)
- **CNW 1620** Introduction to Creative Nonfiction (3)*
- **CNW 2700** Art and Craft of Personal Writing (3)
- **CNW 2780** Art and Craft of Writing About Sports (3)
- **CNW 2850** Art and Craft of Writing About Politics (3)
- **ENGL 1510** Introduction to Environmental Literature (3)
- **THTR 2301** Playwriting I (3)
- **WRIT 1500** Writing Commons: Community of Writers (3)

#### Interpretation of Literature

*(For Nursing students, only one course from either Interpretation of Literature or Literary, Visual, & Performing Arts is required.)*

- **ASIA 1510/WLLC 1510** Ghosts & the Weird in Premodern Chinese Literature (3)
- **ENGL 1200** Interpretation of Literature (3)*

*CW 1800, CNW 1620, and ENGL 1200 are not intended for English majors

#### Natural Science

*(A 4 s.h. course indicates a lab course)*

- **ANTH 1301** Human Origins (3)
- **ASTR 1070** Stars, Galaxies, and the Universe (3)
- **ASTR 1080** Exploration of the Solar System (4)
- **BIOL 1140** Human Biology: Nonmajors (4)
- **BIOL 1251** How the Brain Works (and Why it Doesn’t) (3)
- **BIOL 1260** Plants and Human Affairs (3)
- **CHEM 1050** Chemistry of Our World (3)
- **CHEM 1070** General Chemistry I (3)
- **CHEM 1110** Principles of Chemistry I (4) *(see advisor for placement)*
- **EES 1030** Introduction to Earth Science (3 or 4)
- **EES 1040** Evolution and the History of Life (3 or 4)
- **EES 1050** Introduction to Geology (4) *(see advisor)*
- **EES 1070** Age of Dinosaurs (4)
- **EES 1400** Natural Disasters (3)
- **ENVS 1080** Intro. to Environmental Science (3 or 4)
- **ENVS 1085** Fund. of Environmental Science (4) *(see advisor)*
- **GEOG 1020** The Global Environment (3)
- **GEOG 1021** The Global Environment Lab (1)
- **PHYS 1200** Physics of Everyday Experience (3)
- **PHYS 1400** Basic Physics (3 or 4) *(see advisor)*

#### Quantitative or Formal Reasoning

*(see advisor for math placement information)*

- **CPH 1600** Public Health Science (3) *(see advisor)*
- **CS 1020** Principles of Computing (3)
- **CS 1110** Introduction to Computer Science (3) *(see advisor)*
LING 1050 Language and Formal Reasoning (3)
MATH 1020 Elementary Functions (4)
MATH 1120 Logic of Arithmetic (4) (see advisor)
MATH 1340 Mathematics for Business (4)
MATH 1350 Quantitative Reasoning for Business (4)
MATH 1380 Calculus and Matrix Algebra for Business (4)
MATH 1390 Mathematics for the Biological Sciences (4)
MATH 1380 Calculus and Matrix Algebra for Business (4)
MATH 1550 Engineering Math I: Single Variable Calculus (4)
MATH 1850 Calculus I (4)
PHIL 1636 Principles of Reasoning: Argument and Debate (3) (see advisor)
POLI 1050 Big Ideas: Information, Society, Culture (3)
STAT 1010 Statistics and Society (3)
STAT 1020 Elementary Statistics and Inference (3)
STAT 1030 Statistics for Business (4)

Other possible math placements (elective and not Gen Ed credit):
MATH 1005 College Algebra (4)
MATH 1010 Trigonometry (3)

Social Sciences
(For Nursing students, this category is not required but can fulfill an elective.)
ANTH 1101/IS 1101 Cultural Anthropology (3)
ANTH 1401 Language, Culture, and Communication (3)
ANTH 2100 Anthropology & Contemporary World Problems (3)
ASP 1800/CSD 1800/NURS 1800/SSW 1800/TR 1800 Aging Matters: Introduction to Gerontology (3)
COMM 1174 Media and Society (3)
CPR 1400 Fundamentals of Public Health (3)
CRIM 1410 Introduction to Criminology (3)
ECON 1100 Principles of Microeconomics (4)
ECON 1200 Principles of Macroeconomics (4)
(Economics courses: see advisor, not Gen Ed for business majors)
GEOG 1070 Contemporary Environmental Issues (3)
GEOG 1090 Globalization and Geographic Diversity (3)
JMC 1100 Media Uses and Effects (3)
LING 1060 Languages of the World (3)
POLI 1100 Introduction to American Politics (3)
POLI 1300 Introduction to Political Thought and Action (3) (Honors only)

POLI 1400 Introduction to Comparative Politics (3)
POLI 1449 Introduction to European Politics (3)
POLI 1500 Introduction to International Relations (3)
POLI 1501 Introduction to American Foreign Policy (3)
POLI 1600 Introduction to Political Communication (3) (Honors only)
PSQF 2115 Introduction to Counseling Psychology (3)
PSY 1001 Elementary Psychology (3)
SOC 1010 Introduction to Sociology (3)
TR 1070 Perspectives on Leisure and Play (3)

Diversity and Inclusion
(For Business and Nursing students, only one course from either Diversity and Inclusion or Values and Culture is required.)
AFAM 1030 Introduction to African American Society (3)
AFAM 1130 The History of African American Film (3)
AFAM 2267/HIST 2267 African American History to 1877 (3)
AMST 1074/GWSS 1074/SPST 1074 Inequality in American Sport (3)
AMST 2025 Diversity in American Culture (3)
ARTS 2100 Printmaking and Politics of Protest (3)
CCCC 2220 Foundations of Critical Cultural Competence (3)
CINE 1625 Race, Gender, and Sexuality on Screen (3)
COMM 1168 Music and Social Change (3)
DANC 2065 Performing Power/Performing Protest (3)
DANC 2085 Introduction to Afro-Caribbean Movement Practice (3)
DST 1101 Introduction to Disability Studies (3)
DST 1200/GHS 1200/GRMN 1200/WLLC 1200 Disabilities in Global Writing & Film (3)
EPLS 1240 Finding Your Path in Higher Education (3)
GWSS 1001 Introduction to Gender, Women’s and Sexuality Studies (3) (one-click only OR Honors only)
GWSS 1003/SJUS 1001 Introduction to Social Justice (3) (one-click only)
HIST 1040 Diversity in History (3)
HIST 2280/LATS 2280/SPAN 2280 Intro. to Latina/o/x Studies (3)
ITAL 2660 The Italian American Experience (3)
LATS 2050/SPAN 2050 Spanish in the U.S. (3)
LING 1070 Language Attitudes: Is How You Sound How You Are Seen? (3)
MATH 1210 Diverse Perspectives in Mathematical Sciences (3)
REL 2330 Wealth, Inequality, and Islam (3)
REL 2620 Politics, Sex, and the Bible (3)
RHET 2135 Rhetorics of Diversity and Inclusion: The Language of (Dis)Ability (3)
RUSS 2232 Romani (Gypsy) Eastern Europe Cultures (3)
SOC 1030 Contemporary Social Problems (3)
SOC 2830 Race and Ethnicity (3)
SRM 1045 Diversity/Inclusion in Healthy Living (3)
THTR 2320 Playwriting in a Global World (3)
WRIT 2100 Writing and Community Outreach: Service Learning with the Iowa Youth Writing Project (3)

Historical Perspectives
(For Nursing students, this category is not required but can fulfill an elective.)

ANTH 1201 World Archaeology (3)
ARTH 1050 From Cave Paintings to Cathedrals (3)
ARTH 1060 From Mona Lisa to Modernism (3)
ARTH 1070 Asian Art and Culture (3)
ASIA 1602/HIST 1602 Civilizations of Asia: China (3)
ASIA 1604/HIST 1604 Civilizations of Asia: Japan (3)
CLSA 1181/GHS 1181 Ancient Medicine (3)
CLSA 1830 Greek Civilization (3)
CLSA 1840 Roman Civilization (3)
EES 1115/ENVS 1115/GEOG 1115/HIST 1115 The History & Science of Oil (3)
HIST 1010 History Matters (3)
HIST 1016 The History that Made our World (3)
HIST 1025/RELS 1225 Medieval Religion and Culture (3)
HIST 1261 American History to 1877 (3)
HIST 1401 The West and the World: Ancient (3)
HIST 1403 The West and the World: Modern (3)
JMC 1200 Media History and Culture (3)
PHIL 1033 The Meaning of Life (3)
PHIL 1034 Liberty and the Pursuit of Happiness (3)
RUSS 1531 Slavic Folklore: Vampires, Witches, and Firebirds (3)
THTR 1401 Theatre & Society: Romantics & Rebels (3)

International & Global Issues

ANTH 1040/LING 1040 Language Rights (3)
ANTH 2100 Anthropology & Contemporary World Problems (3)

ANTH 2103/GHS 2000 Introduction to Global Health Studies (3)
ARTH 1040 Arts of Africa (3)
ASIA 1602/HIST 1602 Civilizations of Asia: China (3)
ASIA 1604/HIST 1604 Civilizations of Asia: Japan (3)
FREN 1006 Global Sports and National Cultures (3)
GEOG 1070 Contemporary Environmental Issues (3)
GEOG 1090 Globalization and Geographic Diversity (3)
GRMN 2720/HIST 2420 Germany in the World (3 or 4)
HIST 1016 The History that Made our World (3)
HIST 1030/RELS 1130 Introduction to Islamic Civilization (3)
HIST 1403 The West and the World: Modern (3)
IS 2000 Introduction to International Studies (3)
POLI 1400 Introduction to Comparative Politics (3)
POLI 1449 Introduction to European Politics (3)
POLI 1500 Introduction to International Relations (3)
RUSS 1132 Russia Today: Twentieth and Twenty-First Centuries (3)

Literary, Visual, & Performing Arts
(For Business students, this category is not required but can fulfill an elective. For Nursing students, only one course from either Interpretation of Literature or Literary, Visual, & Performing Arts is required.)

ARTH 1020 Masterpieces: Art in Cultural Contexts (3)
ARTH 1040 Arts of Africa (3)
ARTH 1050 From Cave Paintings to Cathedrals (3)
ARTS 1060 From Mona Lisa to Modernism (3)
ARTH 1070 Asian Art and Culture (3)
ARTH 1095/NAIS 1095 Native American Art (3)
ARTS 1010 Elements of Art (3)
ARTS 1030 Elements of Jewelry and Metal Arts (3)
ARTS 1050 Elements of Printmaking (3)
ARTS 1080 Elements of Sculpture (3)
CHIN 1702 Chinese Popular Culture (3)
CINE 1602 Introduction to Film Studies (3)
CINE 1610 Contemporary Cinema (3)
CL 1240/CLSA 1040 World Literature: Antiquity-1700 Love, Loss, and Longing (3)
CLSA 1020 Love and Glory: The Literature of Rome (3)
CLSA 1740/WRIT 1740 Writing Strategies: Word Origins/Choice (3)
CLSA 2016 Classical Mythology (3)
CNW 1620 Introduction to Creative Nonfiction (3)
CW 1800 Creative Writing Studio Workshop (3)
DANC 1020 Beginning Jazz (2)
DANC 1025 Beginning Hip Hop Dance (2)
DANC 1030 Beginning Ballet (2)
DANC 1040 Beginning Modern Dance (2)
DANC 1120 Continuing Jazz (2)
DANC 1125 Continuing Hip Hop Dance (2)
DANC 1130 Continuing Ballet (2)
DANC 1412/DPA 1412/THTR 1412 The Arts in Performance (3)
DANC 2020 Intermediate Jazz (2)
DANC 2025 Intermediate Hip Hop Dance (2)
DANC 2029 Intermediate Ballet for Nonmajors (2)
DANC 2040 Majors Intermediate Contemporary Movement Practice (3) (dance majors only)
DPA/MUS 1800 World of the Beatles (3)
ENGL 1100 City of Literature (3)
GRMN 2275 Scandinavian Crime Fiction (3)
GRMN 2666/RUSS 2666/WLLC 2666 Pact with the Devil (3)
LAS/MUS 2311 Music of Latin America and the Caribbean (3)
MUS 1009 Jazz Cultures in America and Abroad (3)
MUS 1020 Performance Instruction for Non-Majors (1) (see advisor)
MUS 1302 Great Musicians (3)
THTR 1140 Basic Acting (3)
THTR 1401 Theatre & Society: Romantics & Rebels (3)
THTR 2301 Playwriting I (3)

Values and Culture
(For Business and Nursing students, only one course from either Diversity and Inclusion or Values and Culture is required.)

AFAM 1250/RELS 1350 Introduction to African American Religions (3)
AMST 1010 Understanding American Cultures (3)
AMST 1060/ENGL 1410/GWSS 1060 Sex & Popular Culture in America (3)
AMST 2000 Introduction to American Studies (3)
ANTH 1101/IS 1101 Cultural Anthropology (3)
ASIA 1040/HIST 1610/RELS 1404 Living Religions of the East (3)

CHIN 1504 Asian Humanities: China (3)
CLSA 2016 Classical Mythology (3)
CLSA 2482/RELS 2182 Ancient Mediterranean Religions (3)
COMM 1174 Media and Society (3)
DANC 1412/DPA 1412/THTR 1412 The Arts in Performance (3)
GRMN 2618/WLLC 2618 Film and Literature of the Holocaust (3, 4)
GWSS 1310/SOC 1310 Gender and Society (3)
HIST 1030/RELS 1130 Introduction to Islamic Civilization (3)
HIST 1610/RELS 1404 Living Religions of the East
JMC 1500 Social Media Today (3)
JPNS 1506 Asian Humanities: Japan (3)
LAS/MUS 2311 Music of Latin America and the Caribbean (3)
MUS 1009 Jazz Cultures in America and Abroad (3)
PHIL 1401 Matters of Life and Death (3)
PHIL 1861 Introduction to Philosophy (3)
POLI 1300 Introduction to Political Thought and Action (3) (Honors only)
RELS 1070 Intro to Hebrew Bible/Old Testament (3)
RELS 1810 Happiness in a Difficult World (3)
RUSS 1132 Russia Today: Twentieth and Twenty-First Centuries (3)
RUSS 1531 Slavic Folklore: Vampires, Witches, and Firebirds (3)
RUSS 2100 Russian Mindset: Sex, Business, and Politics (3)
SOC 1022/SSW 1022 Social Justice and Social Welfare in the U.S. (3)
SOC 2810 Social Inequality (3)

World Language
See your Advising Worksheet and talk with your advisor about whether this is an appropriate choice for you this fall.

American Sign Language
Arabic
Chinese
French
German
Greek
Italian
Furthering Language Incentive Program (FLIP) Courses

**FLIP French Courses:**
- FREN 3000 Third-Year French (3)
- FREN 3060 Intro to Reading & Writing in Literature (3)
- FREN 3300 French Grammar (3)

**FLIP German Courses:**
- GRMN 3103 Composition and Conversation I (3)
- GRMN 3501 German Writers Engaged (3)

**FLIP Spanish Courses:**
- SPAN 2000 Spanish Language Skills: Writing (4)
- SPAN 2010 Spanish Language Skills: Speaking (3)
- SPAN 2040 Spanish for Heritage Speakers (3)
- SPAN 2300 Introduction to Reading Literature (4)

**Electives to Consider**

*Electives are courses to explore majors/minors/certificates or simply learn something new.*

- AFAM 2800/GWSS 2800 African American Women, Health, Hair, & Sexuality (3)
- ARTS 1060 Elements of Digital Photography (3)
- CLSA 3742/WRIT 3742 Word Power: Building English Vocabulary (3)
- CPH 2200 Climageddon: Climate Change and Health (2)
- CPH 2230 Finding Patient Zero (3)
- CRIM 1447 Intro to the Criminal Justice System (3)
- CSI 1400 Explore Iowa: Exploring Iowa and Iowa City (2)
- CSI 1410 Life Design (2)
- DANC 1070 Yoga (2)
- DANC 1075 Mat Pilates (2)
- EES 1170 Geology of the U.S. National Parks (2)
- ENGL 1510 Introduction to Environmental Literature (3)
- ENVS 3230 Special Topics: Prairie Restoration (2)
- FREN 1040 French for Travelers (2)
- IS 2009 World Travel: Cross-Cultural Skills (3)
- ITAL 1030 Italian for Travelers (2)
- LS 1020 Introduction to Leadership (3)
- LS 2002 Career Leadership Academy Part 1 (3)
- LS 2020 Women in Leadership (3)
- PHAR 1100 Intro. Pharm. Sciences: Drug Development (2)
- PHAR 1812 What’s in My Medicine Cabinet? (2)
- PSQF 1075 Educational Psychology and Measurement (3 (required for Teacher Education Program applicants)
- RCE 2081 Making a Vocational-Educational Choice (2, 3)
- RHET 2090 Conversation Practicum (3)
- RHET 2610/THTR 2610 Acting for Success (3, Rhetoric corequisite)
- SPST 2079 Race and Ethnicity in Sport (3)
- SPST 2500 Sport and Technology (3)
- THTR 1410 Musical Theatre History (3)
- THTR 2620 Improv for Engineers & the Curious (3)

One-Semester-Hour Electives

First-Year Seminars and Honors First-Year Seminars

Choose one of more than 100 interesting topics! See “First-Year Seminars” in MyUI for times and descriptions.

Additional 1 Semester-Hour Electives

- BIOL 1808 Ways of Knowing Science
- CHIN 1030 Introduction to Chinese Ethnic Folk Dance
- CHIN 1101 Conversational Chinese I
- CCP 1300 Major and Career Explorations
- CCP 2004 Internships: Search, Secure, and Succeed
- CSI 1213 Special Topics I (choose from Edutainment Media for Academic Success, Digital and Social Media for Personal Success, or Using Social Media to Cope with COVID-19)
- EES 2010/ENVS 2010 Interdisciplinary Environmental Seminar
- ENGL 2030 Literary Readings Attendance
- ENGL 3595/IWP 3191/WLLC 3191 International Literature Today
- FREN 1600 French & Francophone Cultural Activities
- GRMN 1500 German Cultural Activities
- HIST 1166 Rapid Response History
- HPAS 1001 Alcohol and Your College Experience
One-Click Course Combinations

One-Click Course Combinations provide the opportunity to take two courses together as a package with approximately 19 other first-year students. Students who participated in the past have said that it helped them meet people, feel more comfortable, and participate in class more easily.

Courses in Common Options

Students select two General Education courses to enroll in with the same group of students. Students select either RHET 1030 Rhetoric or CW 1800 Creative Writing Studio Workshop as one of their courses. Each option is a combination that first-year students might naturally choose to take together, and specific section times that fit well together have been selected.

College Transition Options

Students select an option that includes a General Education course; CSI 1100 College Transition Seminar (a course focusing on college study and success skills); and CSI 1150 College Transition Workshop (in which they apply these skills to their preparation for the shared General Education course – with the help of an undergraduate Study Group Leader who previously earned an A in the course). General Education courses included in these options are:

- BIOL 1140 Human Biology: Nonmajors
- CHEM 1070 General Chemistry
- CHEM 1110 Principles of Chemistry I
- GEOG 1070 Contemporary Environmental Issues
- JMC 1100 Media Uses and Effects
- JMC 1200 Media History and Culture
- PSY 1001 Elementary Psychology
- SOC 1010 Introduction to Sociology