Orientation Courses List
This document is a list of available courses; it is meant as a guide to help build your Spring schedule. Note any titles that sound interesting to you, then review those courses carefully in MyUI.

General Education Courses
Rhetoric
Talk with your advisor about whether this is an appropriate choice for you this spring.
RHET 1030 Rhetoric (4)
RHET 1040 Writing and Reading (3)
RHET 1060 Speaking and Reading (3)

Possible writing or literature courses for those taking Rhetoric later
CW 1800 Creative Writing Studio Workshop (3)**
CW 2100 Creative Writing (3)
CW 2870 Fiction Writing (3)
CW 2875 Poetry Writing (3)
CW 4751 Creative Writing for the Musician (3)
CNW 2720 The Art and Craft of Writing about Culture (3)
ENGL 1510 Introduction to Environmental Literature (3)
THTR 2301 Playwriting I (3)

Interpretation of Literature
(For Nursing students, only one course from either Interpretation of Literature or Literary, Visual, & Performing Arts is required.)
*ENGL 1200 ** Interpretation of Literature (3)
FREN 1005 Texts & Contexts: French-Speaking World (3)
*For students with ≥26 English ACT who will take Rhetoric in Fall semester.
** CW 1800, CNW 1620, and ENGL 1200 are not intended for English majors

World Language
Talk with your advisor about whether this is an appropriate choice for you this spring. Choose from:
American Sign Language, Arabic, Chinese, French, German, Greek, Italian, Japanese, Korean, Latin, Portuguese, Russian, Spanish, or Swahili

Furthering Language Incentive Program (FLIP) Courses
FLIP French Courses:
FREN 3000 Third-Year French (3)
FREN 3060 Intro to Reading & Writing in Literature (3)
FREN 3300 French Grammar (3)

**FLIP Spanish Courses:**

SPAN 2000 Spanish Language Skills: Writing (4)
SPAN 2010 Spanish Language Skills: Speaking (3)
SPAN 2040 Spanish for Heritage Speakers (3)

**Natural Science**

*(A 4 s.h. course indicates a lab course)*

ANTH 1301 Human Origins (3)
ASTR 1080 Exploration of the Solar System (4)
CHEM 1070 General Chemistry I (3)
CHEM 1110 Principles of Chemistry I (4) *(see advisor for placement)*
EES 1030 Introduction to Earth Science (3 or 4)
EES 1050 Introduction to Geology (4) *(see advisor)*
EES 1400 Natural Disasters (3)
ENVS 1080 Intro to Environmental Science (3 or 4)
GEOG 1020 The Global Environment (3)
GEOG 1021 The Global Environment Lab (1)
PHYS 1200 Physics of Everyday Experience (3)
PHYS 1400 Basic Physics (3 or 4) *(see advisor)*
PCOL 2220 Drug Use and Abuse (3) *(see advisor)*

**Quantitative or Formal Reasoning**

*(see advisor for math placement information)*

COMM 1117 Theory and Practice of Argument (4)
CPH 1600 Public Health Science (3) *(see advisor)*
CS 1020 Principles of Computing (3)
CS 1110 Introduction to Computer Science (3) *(see advisor)*
LING 1050 Language and Formal Reasoning (3)
MATH 1020 Elementary Functions (4)
MATH 1260 PokeMath: The Mathematics of Pokeman Go (3)
MATH 1340 Mathematics for Business (4)
MATH 1350 Quantitative Reasoning for Business (4)
MATH 1440 Mathematics for the Biological Sciences (4)
MATH 1460 Calculus for the Biological Sciences (4)
MATH 1550 Engineering Math I: Single Variable Calculus (4)
MATH 1850 Calculus I (4)
PHIL 1636 Principles of Reasoning: Argument and Debate (3) *(see advisor)*
POLI 1700 Introduction to Political Analysis (3)
STAT 1010 Statistics and Society (3)
STAT 1020 Elementary Statistics and Inference (3)

Other possible math placements (elective and not Gen Ed credit):
MATH 1005 College Algebra (4)
MATH 1010 Trigonometry (3)

Social Sciences
[For Nursing students, this category is not required, but can fulfill an elective.]

ANTH 1101/IS 1101 Cultural Anthropology (3)
ANTH 2100 Anthropology & Contemporary World Problems (3)
COMM 1174 Media and Society (3)
CPH 1400 Fundamentals of Public Health (3)
CRIM 1410 Introduction to Criminology (3)
ECON 1100 Principles of Microeconomics (4) *(see advisor-not Gen Ed for business majors)*
ECON 1200 Principles of Macroeconomics (4) *(see advisor-not Gen Ed for business majors)*
GEOG 1070 Contemporary Environmental Issues (3)
GEOG 1090 Globalization and Geographic Diversity (3)
JMC 1100 Media Uses and Effects (3)
Poli 1100 Introduction to American Politics (3)
Poli 1400 Introduction to Comparative Politics (3)
Poli 1401 Introduction to Russian Politics (3)
Poli 1500 Introduction to International Relations (3)
Poli 1501 Introduction to American Foreign Policy (3)
PSQF 2115 Introduction to Counseling Psychology (3)
PSY 1001 Elementary Psychology (3)
SOC 1010 Introduction to Sociology (3, 4)
TR 1070 Perspectives on Leisure and Play (3)

Diversity and Inclusion
[For Business and Nursing students, only one course from either Diversity and Inclusion or Values and Culture is required.]

AFAM 2064 African American Families (3)
AFAM 2268/HIST 2268 African American History Since Civil War (3)
AMST 2025 Diversity in American Culture (3)
CCCC 2220 Foundations of Critical Cultural Competence (3)
CLSA 2800 Race/Ethnicity in Ancient Mediterranean (3)
DANC 2065 Performing Power/Performing Protest (3)
EDTL 2670 Peacebuilding in a Prison Choir (3)
EDTL 2963 Monsters & Victims: Changing Perceptions (3)
EPLS 1240 Finding Your Path in Higher Education (3)
HIST 1040 Diversity in History (3)
JMC 2600 Freedom of Expression (3)
POLI 1800 Introduction to Politics of Class & Inequality (3)
POLI 1900 Introduction to the Politics of Race (3)
POLI 1950 Introduction to the Politics of Religion (3)
RELS 1015 Global Religious Conflict and Diversity (3)
RHET 2135 Rhetorics of Diversity and Inclusion (3)
SRM 1045 Diversity/Inclusion in Healthy Living (3)
WRIT 2100 Writing and Community Outreach: Arts-Based Service Learning with the Iowa Youth Writing Project (3) *(Honors only)*

**Historical Perspectives**
*(For Nursing students, this category is not required, but can fulfill an elective.)*

ANTH 1201 World Archaeology (3)
ARTS 1010 Art and Visual Culture (3)
ARTH 1060 From Mona Lisa to Modernism (3)
ARTH 1090 Earthly Paradises (3)
ASIA 1607/HIST 1607 Civilizations of Asia: Korea (3)
CLSA 1181/GHS 1181 Ancient Medicine (3)
CLSA 2461 Middle East & Mediterranean Alexander-Suleiman (3)
COMM 2079 Digital Media and Religion (3)
HIST 1010 History Matters (3)
HIST 1050 Modern Religion and Culture (3)
HIST 1101 The Modern World (3)
HIST 1262 American History 1877-Present (3)
HIST 1402 The West and the World: Medieval (3)
JMC 1200 Media History and Culture (3)
PHIL 1033 The Meaning of Life (3)
PHIL 1034 Liberty and the Pursuit of Happiness (3)

**International & Global Issues**

ANTH 1046 Environmental Politics in India (3)
ANTH 2100 Anthropology & Contemporary World Problems (3)
ANTH 2103/GHS 2000 Introduction to Global Health Studies (3)
ASIA 1607/HIST 1607 Civilizations of Asia: Korea (3)
GEOG 1070 Contemporary Environmental Issues (3)
GEOG 1090 Globalization and Geographic Diversity (3)
GWSS 2052 Women in Islam and the Middle East (3)
IS 2000 Introduction to International Studies (3)
POLI 1400 Introduction to Comparative Politics (3)
POLI 1401 Introduction to Russian Politics (3)
POLI 1500 Introduction to International Relations (3)
POLI 1501 Introduction to American Foreign Policy (3)
RUSS 1132 Russia Today (3)

Literary, Visual, & Performing Arts
(For Business students, this category is not required, but can fulfill an elective. For Nursing students, only one course from either Interpretation of Literature or Literary, Visual, & Performing Arts is required.)

ARTH 1020 Masterpieces: Art in Cultural Contexts (3)
ARTS 1060 From Mona List to Modernism (3)
ARTS 1010 Elements of Art (3)
ARTS 1080 Elements of Sculpture (3)
CHIN 1702 Chinese Popular Culture (3)
CINE 1602 Introduction to Film Studies (3)
CINE 1610 Contemporary Cinema (3)
CLSA 1010 Hero, God, Mortal: Literature of Greece (3)
CLSA 2016 Classical Mythology (3)
CW 1800 Creative Writing Studio Workshop (3)
DANC 1020 Beginning Jazz (2)
DANC 1025 Beginning Hip Hop Dance (2)
DANC 1030 Beginning Ballet (2)
DANC 1130 Continuing Ballet (2)
DANC 1412/DPA 1412/THTR 1412 The Arts in Performance (3)
DANC 2020 Intermediate Jazz (2)
DANC 2025 Intermediate Hip Hop Dance (2)
DANC 2030 Majors Intermediate Ballet (3)
MUS 1009 Jazz Cultures in America and Abroad (3)
MUS 1020 Performance Instruction for Non-Majors (1) (see advisor)
MUS 1720 History of Jazz (3)
THTR 1140 Basic Acting (3)
THTR 2301 Playwriting I (3)

Values and Culture
(For Business and Nursing students, only one course from either Diversity and Inclusion or Values and Culture is required.)

AMST 1010 Understanding American Cultures (3)
ANTH 1101/IS 1101 Cultural Anthropology (3)
ASIA 1060/HIST 1612 Introduction to Buddhism (3)
ASIA 1502 Asian Humanities: India (3)
ASIA 2450 India Beat: Music in India Today (3)
CHIN 1504 Asian Humanities: China (3)
CLSA 1340 Magic in the Ancient World (3)
CLSA 2016 Classical Mythology (3)
CLSA 2651/GWSS 2651 Gender & Sexuality in the Ancient World (3)
COMM 1174 Media and Society (3)
DANC 1150/LAS 1150 Brazilian Culture and Carnival (3)
DANC 1412/DPA 1412/THTR 1412 The Arts in Performance (3)
GRMN 2618/WLLC 2618 Film and Literature of the Holocaust (3, 4)
GWSS 2052 Women in Islam and the Middle East (3)
HHP 2200 Physical Activity and Health (3)
HIST 1612/RELS 1506 Introduction to Buddhism (3)
JMC 1500 Social Media Today (3)
MUS 1009 Jazz Cultures in America and Abroad (3)
MUS 1720 History of Jazz (3)
PHIL 1401 Matters of Life and Death (3)
PHIL 1861 Introduction to Philosophy (3)
PHIL 2402 Introduction to Ethics (3) (see advisor)
RELS 1080 Introduction to the New Testament (3)
RELS 1903 Quest for Human Destiny: From the Biblical Story of Eden to Kubrick’s “2001: A Space Odyssey” (3)
RHET 2070 Persuasive Stories: Personal Stories for Public Change (3)
RUSS 1131/WLLC 1131 Introduction to Russian Culture: The Rise of the Romanovs: 300 Years of Russian History, Literature, and Culture (1613-1913) (3)
RUSS 1132 Russia Today (3)
SOC 1022/SSW 1022 Social Justice and Social Welfare in the U.S. (3)
SOC 2810 Social Inequality (3)
THTR 1411 Comedy and Society (3)

**Electives to Consider**

AMST:1700 Fake News: Misinformation in the U.S. (3)
CLSA 3742/WRIT 3742 Word Power: Building English Vocabulary (3)
CRIM 1447 Intro to the Criminal Justice System (3)
CSI 1410 Life Design (2)
EES 1180 Geol Field Trip: Selected National Parks (2)
ENVS 3230 Special Topics: Prairie Restoration (2)
GHS 3720 Contemporary Issues in Global Health (3) (choose from Pandemics and Mental Health or Global Health Policy: Cross-Cultural and Cost Effective)

IS 2115 Introduction to Human Rights (3)

ITAL 1030 Italian for Travelers (2)

LATS 3410 Undocumented America (3)

LATS 3550 Topics Latina/o/x Studies: Hist/Culture: Latinas, Latinos, Latinx, and the Law (3)

LS 1020 Introduction to Leadership (3)

LS 2002 Career Leadership Academy Part 1 (3)

PSQF 1075 Educational Psychology and Measurement (3) (required for Teacher Education Program applicants)

RCE 2081 Making a Vocational-Educational Choice (2, 3)

RHET 2090 Conversation Practicum (3)

SUST 2013 Introduction to Sustainability (3)

**One-Semester-Hour Electives**

CHIN 1101 Conversational Chinese I

CCP 1300 Major and Career Explorations

CCP 2004 Internships: Search, Secure, and Succeed

CSI 1213 Special Topics I (choose from Edutainment Media for Academic Success, Digital and Social Media for Personal Success, Media and Identity for Success in Life or Using Social Humor to Cope with COVID-19)

EDTL 2073 Finding Comfort Zone: Secrets to Success

ENGL 2030 Literary Readings Attendance

GRMN 1500 German Cultural Activities

HPAS 1001 Alcohol and Your College Experience

HPAS 1003 Resiliency and Your College Experience

HPAS 1005-1610 Physical Activity Skills (Various activities, see MyUI)

IS 1000 Designing Your Int’l Studies Major

LS 2013 Strengths-Based Leadership

LLS Lifetime Leisure Skills
  (Many different options, e.g. Bicycling, Ballroom Dancing, Gardening, Trail Running, Modern Dance for Fitness—see MyUI)

MILS 1095 Advanced Military Fitness Training

MUS 1020 Performance Instruction for Non-Majors

MUS 1160 University Band

MUS 1166 Large Pep Band

MUS 1180 All-University String Orchestra

PHIL 1950 Philosophy Club

PHAR 1111 Need a New Drug?

WRIT 1600 Fast Fixes: Improved Writing in 6 Weeks (must have Rhetoric completed)